

COVID-19

Every Day	<ul style="list-style-type: none">• Wash hands often.• Take your temperature.• Avoid touching your eyes, nose, and mouth.• Stay 6 feet away from others whenever possible.• Avoid sharing household items.• Clean household surfaces that are touched often.• Avoid contact with a person positive for COVID-19 or with someone who is waiting for test results.
Green Zone	<p style="text-align: center;">ALL CLEAR! This zone is your goal.</p> <ul style="list-style-type: none">• No fever• No cough or sore throat• Easy breathing• No contact with a person positive for COVID-19 or with someone who is waiting for test results.
Yellow Zone	<p style="text-align: center;">CAUTION! This zone is a warning!</p> <p>Call your home care nurse at _____, or call your doctor at _____.</p> <ul style="list-style-type: none">• Temperature more than 99.5°F (37.5°C)• New cough or sore throat• Contact with a person positive for COVID-19 or with someone who is waiting for test results
Red Zone	<p style="text-align: center;">EMERGENCY Zone!!</p> <p>Call your doctor at _____ for direction.</p> <ul style="list-style-type: none">• Temperature of 101°F (38.3°C) or greater• Shortness of breath• Worsening cough or sore throat