

St. Peter's Hospital completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on April 25, 2025. St. Peter's Hospital performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment considered a comprehensive review of secondary data analysis of patient outcomes, community health status, and social influencers of health, as well as primary data collection, including input from representatives of the community, community members and various community organizations.

The complete CHNA report is available electronically at: https://www.sphp.com/about-us/community-benefit/community-health-reports

or printed copies are available at: St. Peter's Health Partners, Community Health and Well-Being, 315 South Manning Blvd. Albany, NY 12208

#### **Our Mission**

We, St. Peter's Health Partners and Trinity Health, serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities. CORE VALUES Reverence – We honor the sacredness and dignity of every person. Commitment to Those Experiencing Poverty – We stand with and serve those who are experiencing poverty, especially those most vulnerable. Justice – We foster right relationships to promote the common good, including sustainability of Earth. Stewardship – We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care. Integrity – We are faithful to who we say we are. Safety – We embrace a culture that prevents harm and nurtures a healing, safe environment for all.

#### St. Peter's Health Partners

St. Peter's Health Partners, a member of Trinity Health, is one of the Capital Region's largest, most comprehensive not-for-profit health care networks. Our full range of services, along with support and care coordination, help people achieve their health goals-centered, integrated care is at the heart of St. Peter's Health Partners (SPHP). With nearly 11,000 employees in more than 185 locations, our breadth of services across the continuum of care uniquely positions us to be the region's leader for quality, efficiency, and innovation in delivering compassionate health care and senior services.

# St. Peter's Hospital

St. Peter's Hospital is a 442-bed tertiary care hospital, located in Albany, New York (Albany County). At St. Peter's, caring for the community dates to the principles established by the foundress of the Religious Sisters of Mercy, Catherine McCauley. In 1824, at the age of 50, she inherited a large fortune and used the money to build a house in Dublin, Ireland. It became the first House of Mercy—and was the home where Catherine and several other women provided educational, religious, and social services for women and children who were poor, homeless and in need. Carrying on that mission, four Sisters of Mercy founded St. Peter's Hospital in downtown Albany, NY, on November 1, 1869. St. Peter's Hospital is a Magnet Hospital for Nursing, a Top 100 Cardiovascular Hospital, a Designated Heart and Stroke Emergency Center and the FIRST hospital in the Capital Region to receive Baby-Friendly designation, considered the gold standard in maternity care.

# **Our Community Based Services**

In addition to our hospitals, St. Peter's Health Partners includes: The Eddy system of continuing care, The Community Hospice and St. Peter's Health Partners Medical Associates, one of the Capital Region's largest multi-

specialty physician groups with more than 850 physicians and advanced practitioners in more than 130 locations. As a member of Trinity Health, St. Peter's Health Partners' Community Health & Well-being (CHWB) strategy promotes optimal health for those who are poor and vulnerable and the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities. We do this by:

- Investing in our communities.
- Delivering outstanding care for those who are experiencing poverty and other vulnerabilities.
- Impacting social influencers of health.

St. Peter's Health Partners reinvests in communities through financial support, screenings, education, and research. We provide programs such as PACE, The Butt Stops Here Tobacco Cessation Program, Diabetes Prevention Program, Prescription Assistance, Food Access Programs, the Maternal Obstetrical Mentoring Services (MOMS) program for our prenatal patients, and financial assistance/charity care for those in need.

## **Our Community**

#### Geographic Area Served

For the purposes of the Community Health Needs Assessment, St. Peter's Hospital defines its primary service area as Albany and Rensselaer counties which represent the home zip codes of 63% of its patients.



#### **Demographics of the Population**

| US Census Bureau Quick Facts        | United States | New York   | Albany County | Rensselaer<br>County |
|-------------------------------------|---------------|------------|---------------|----------------------|
| Population, Census, April 1, 2020   | 331,449,281   | 20,201,249 | 314,848       | 161,130              |
| Population, Census, April 1, 2010   | 308,745,538   | 19,378,102 | 304,204       | 159,429              |
| Persons under 5 years old           | 5.5%          | 5.3%       | 4.5%          | 4.8%                 |
| Persons under 18 years old, percent | 21.7%         | 20.2%      | 17.9%         | 18.8%                |

| Persons 65 years old and over, percent                                                         | 17.7%      | 18.6%    | 18.7%    | 19.0%    |
|------------------------------------------------------------------------------------------------|------------|----------|----------|----------|
| Female Persons, percent                                                                        | 50.5%      | 51.2%    | 51.4%    | 50.2%    |
| White alone, percent                                                                           | 75.3%      | 68.5%    | 74.1%    | 84.7%    |
| Hispanic or Latino, percent                                                                    | 19.5%      | 19.8%    | 7.3%     | 6.2      |
| Asian alone, percent                                                                           | 6.5        | 9.7%     | 7.5%     | 3.1%     |
| Black or African American alone, percent                                                       | 13.7       | 17.7%    | 14.6%    | 8.9      |
| Native Hawaiian and Other Pacific<br>Islander alone, percent                                   | 0.3%       | 0.1%     | 0.1%     | 0.1%     |
| Two or More Races, percent                                                                     | 3.1%       | 2.9%     | 3.4%     | 2.8%     |
| White alone, not Hispanic or Latino, percent                                                   | 58.4%      | 54.0%    | 69.3%    | 80.5%    |
| Foreign Born Persons, Percent, 2019-<br>2023                                                   | 13.9%      | 22.6%    | 11.3%    | 6.0%     |
| Veteran's, 2019-2023                                                                           | 16,569,149 | 607,728  | 12,847   | 8,226    |
| High school graduate or higher, percent of persons age 25+, 2019-2023                          | 89.4%      | 87.9%    | 93.2%    | 92.7%    |
| Bachelor's degree or higher, percent of<br>persons age 25+, 2019-2023                          | 35.0%      | 39.6%    | 45.2%    | 37.3%    |
| Language other than English spoken at<br>home, percent of persons aged 5 years<br>+, 2019-2023 | 22%        | 30.6%    | 14.2%    | 7.9%     |
| Owner-occupied housing unit rate,<br>2019-2023                                                 | 65.0%      | 54.3%    | 56.7%    | 64.1%    |
| Median households' income (in 2023 dollars), 2019-2023                                         | \$78,538   | \$84,578 | \$83,149 | \$86,663 |
| Persons in poverty, percent**                                                                  | 11.1%      | 14.2%    | 12.9%    | 12.4%    |
| Percent with a disability, under age 65 years, percent                                         | 9.1%       | 8.1%     | 9.0%     | 10.5%    |
| Population per square mile, 2020                                                               | 93.8       | 428.7    | 602.1    | 247.0    |

Source: US Census Bureau QuickFacts, www.census.gov

## **Our Approach to Health Equity**

While community health needs assessments (CHNA) and Implementation Strategies are required by the IRS, Trinity Health ministries have historically conducted CHNAs and developed Implementation Strategies as a way to meaningfully engage our communities and plan our Community Health & Well-Being work. Community Health & Well-Being promotes optimal health for people experiencing poverty or other vulnerabilities in the communities we serve by addressing patient social needs and investing in our communities through dismantling oppressive systems, including racism, and building community capacity. Trinity Health has adopted the Robert Wood Johnson Foundation's definition of Health Equity - "Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."

This implementation strategy was developed in partnership with community and will focus on specific populations and geographies most impacted by the needs being addressed. Racial equity principles were used throughout the development of this plan and will continue to be used during the implementation. The strategies implemented will mostly focus on policy, systems and environmental change as these systems changes are needed to dismantle racism and promote health and wellbeing for all members of the communities we serve.

<sup>\*\*</sup>These geographic levels of poverty and health estimates are not comparable to other geographic levels of these estimates

# **Health and Social Needs of the Community**

The CHNA conducted in late 2024, to early 2025 identified the significant needs for health and social drivers of health within the Albany and Rensselaer counties. Community stakeholders then prioritized those needs during a facilitated review and analysis of the CHNA findings. The significant health needs identified, in order of priority include:

| 1. ( | Dbesity                             | Within Albany County, 30.1% of adults age 18+ and 20.2% of                                                                                                                                                                                                                                                      |
|------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|      |                                     | children and adolescents were obese and obese, having a Body Mass Index (BMI) of 30 or higher) and within Rensselaer County, 35% of adults and 23.8% of children and adolescents were obese. 2021-2023                                                                                                          |
|      |                                     | <ul> <li>The percentage of adults who participated in physical activity was<br/>80.4% in Albany County and 54.3% in Rensselaer County. 2021-<br/>2023</li> </ul>                                                                                                                                                |
| 2. [ | Diabetes                            | <ul> <li>The estimated prevalence of diabetes among adults in the Capital<br/>Region is below that of NYS. Within Albany and Rensselaer countie</li> <li>9.4% of adults, age 18 + have a diagnosis of diabetes. 2021-2023</li> </ul>                                                                            |
|      |                                     | <ul> <li>As of 2019, 3,126 or 89.62% Medicare enrollees with diabetes have<br/>had an annual exam within Albany and Rensselaer counties.</li> </ul>                                                                                                                                                             |
| 3. S | 3. Social Determinants of Health    | <ul> <li>The food insecurity rate for Albany County was 11.6% and 11.8 %<br/>for Rensselaer County. Both rates were lower than the NYS<br/>average rate of 12.6%.</li> </ul>                                                                                                                                    |
|      |                                     | <ul> <li>Within Albany and Rensselaer Counties there are 118 grocery<br/>establishments- a rate of 24.79/100,000 population; this is<br/>significantly lower than the NYS average of 41.76/100,000<br/>population.</li> </ul>                                                                                   |
|      |                                     | <ul> <li>11.2% of Albany and Rensselaer County residents receive<br/>Supplemental Food and Nutrition (SNAP) benefits, which is less<br/>than the NYS and national average. 2019</li> </ul>                                                                                                                      |
|      | Mental Illness including<br>Suicide | <ul> <li>The percentage of adults age 18+ who report 14 or more poor<br/>mental health days during the past 30-day period was 16.0 % in<br/>Albany county and 16.4% in Rensselaer county. 2022</li> </ul>                                                                                                       |
|      |                                     | <ul> <li>According to the 2022 BRFSS, Albany and Rensselaer County adults<br/>age 18+, reported a higher than state average incidence of<br/>depression (as diagnosed by a health professional) at 20.6%<br/>(Albany County) and 20.3% (Rensselaer County).</li> </ul>                                          |
|      |                                     | <ul> <li>From 2018-2022, Albany County had a suicide mortality rate of<br/>154/100,000 population and Rensselaer County had a rate of 87/<br/>100,000. In addition, the rates of suicide were higher among<br/>White/Caucasian individuals, when compared to Black/African<br/>American individuals.</li> </ul> |

## Cardiac Conditions including Stroke, Heart Disease and Hypertension

- Within Albany and Rensselaer County, there were a total of 2,954 deaths due to coronary heart disease, from 2018-2022. This represents a crude death rate of 126.1/100,000 population.
- The rate of heart disease in the Medicare population in 2022 was 26% in Albany and Rensselaer counties, which was higher than the NYS rate.
- Within the Albany and Rensselaer County, 30.8% of adults age 18+ reported having high blood pressure, which is slightly lower than the rate for NYS (2021)

#### 6. Poor Birth Outcomes

- Within Albany and Rensselaer County the percentage of women who did not obtain prenatal care until the 7th month (or later) of pregnancy or who didn't have any prenatal care was 4.62% overall which is lower than the national average rate of 6.12%. This measure can also highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services. In both Albany and Rensselaer County, Black non-Hispanic individuals have a lower rate of early prenatal care (68.8%, Rensselaer County, 67.3% Albany County) compares to White Non- Hispanic individuals (81.8%% Rensselaer County, 82% Albany County). 2020-2022
- The overall rate of premature births (Less than 37 weeks gestation)
  was 10.0% (Albany County) and 10.4% (Rensselaer County), which
  were slightly higher than the NYS rate. 2016-2022
- Within Albany and Rensselaer Counties, 176 infants died during the 2015-21 seven-year period. This represents 5.5 deaths per 1,000 live births, which was higher than the NYS and US average. The Black non-Hispanic population had a nearly three times higher rate of infant mortality compared to the White non-Hispanic population.

#### 7. Alcohol and Drug Misuse

- Adults in Albany and Rensselaer County reported engaging in excessing drinking, defined as binge or heaving drinking, at 20.7% (Albany County) and 20.5% (Renssealer County) compared to the NYS average of 19.1% (BRFSS, 2022). The percentage of driving deaths with alcohol involvement was 24% in Albany County and 25% in Renssealer County, both higher than the NYS rate of 21% (2021)
- The 2021 age adjusted rate per 100,000 population of overdose deaths involving any opioid was 29.2 / 100,000 in Albany County, which was higher than the NYS rate of 24.6 per 100,000 and 24.5/ 100,000 in Rensselaer County.

#### 8. Childhood Lead Exposure

 Albany County's 2015-18 incidence rate of elevated blood lead levels (≥10 µg/dl) – 11.7 per 1,000 tested children under 6 years of age – was the region's highest and 1.8 times higher than NYS, excl. NYC (6.5). Rensselaer County's 2016-18 incidence rate of elevated

|                                                          | blood lead levels (≥10 μg/dl), 10.8 per 1,000 tested children under 6 years of age, was the region's 2nd highest and 1.7 times higher than NYS, excl. NYC (6.5).                                                                                              |
|----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9. Cancer                                                | <ul> <li>Within Albany and Renssealer County, there were 3,044 new cases<br/>of cancer reported from 2016-2020. This means there was a rate of<br/>517.7 for every 100,000 total population, which is higher than both<br/>the NYS and US rates.</li> </ul>   |
|                                                          | <ul> <li>The Black/African American population had a higher rate of cancer<br/>incidence when compared to White/Caucasian population. 2018-<br/>2022</li> </ul>                                                                                               |
| 10. Tobacco Use                                          | <ul> <li>Within the Albany and Rensselaer County, there are 11.8% adults<br/>age 18+ who currently use tobacco products, which is slightly lower<br/>than the NYS rate. (2020-2022)</li> </ul>                                                                |
| 11. Immunization and Related Disease, including COVID-19 | <ul> <li>The percent of deaths in Albany and Rensselaer County attributed<br/>to COVID-19, as of 3/10/23 was 199.97 per 100,00 population,<br/>which is less than the state average of 391.93/r 100,000.</li> </ul>                                           |
|                                                          | <ul> <li>As of September 2022, the percentage of adults fully vaccinated for<br/>COVID-19 in Albany and Rensselaer County was 79.58%, which was<br/>lower than the NYS percentage of 84.02%</li> </ul>                                                        |
| 12. Asthma                                               | <ul> <li>Within Albany and Rensselaer counties, there were 10.5% of adults<br/>age 18+ who reported having asthma which was slightly higher<br/>than NYS rates.</li> </ul>                                                                                    |
|                                                          | <ul> <li>Within Albany and Renssealer County, asthma hospitalization rates<br/>were 2.4 times higher among Black, Non-Hispanic residents than<br/>White Non- Hispanic residents. (2021)</li> </ul>                                                            |
| 13. Sexually Transmitted Infections                      | <ul> <li>As of 2022 rates of Early Syphilis and Chlamydia in Albany and<br/>Rensselaer Counties where lower than the NYS rates (Albany<br/>County, 34 / 100,000 population, Rensselaer County 18.0/100,000,<br/>NYS 49.5/ 100,000)</li> </ul>                 |
|                                                          | <ul> <li>As of 2022, rates of Gonorrhea in Albany County (275.1 per<br/>100,000 population) were higher than the NYS rate of<br/>230/100,000; while Rensselaer County rates (205.1/100,000<br/>population) was lower than the NYS rate.</li> </ul>            |
| 14. Injuries and Falls                                   | <ul> <li>Within Albany and Rensselaer counties, the 2015-2017 three-year<br/>total of reported violent crimes was 4,788, which equates to an<br/>annual rate of 327.90 crimes per 100,000 population, lower than<br/>the statewide rate of 536.90.</li> </ul> |
|                                                          | <ul> <li>Within Albany and Rensselaer Counties, the 2018-2022 five-year<br/>average rate of death due to motor vehicle crash per 100,000<br/>population was 5.8 per 100,000 population.</li> </ul>                                                            |
|                                                          | • The age adjusted falls hospitalization rate in Albany County (2020-2022) was 44.9/10,000 and 41.7/10,000 in Rensselaer County.                                                                                                                              |
| 15. Tick-Borne Disease                                   | Albany County's 2019-2021 Lyme disease incidence rate was                                                                                                                                                                                                     |

93.0/100,000 and was higher than the NYS rate of 34.8/100,000. Rensselaer County's 2016-18 Lyme disease incidence rate was 254.8/100,000.

## **Hospital Implementation Strategy**

### Significant health and social needs to be addressed

St. Peter's Hospital, in collaboration with community partners, will focus on developing and/or supporting initiatives and measure their effectiveness to improve the following needs:

- 1 Obesity and Diabetes— CHNA pages 20-23
- 2 Social Determinants of Health, Specifically Food Security— CHNA pages 32-39

### Significant health and social needs that will not be addressed

St. Peter's Hospital acknowledges the wide range of priority health and social issues that emerged from the CHNA process and determined that it could effectively focus on only those needs which are the most pressing, under- addressed and within its ability to influence. St. Peter's Hospital does not intend to address the following needs:

- **Mental Illness including Suicide** the hospital will provide treatment and education of this health need as part of our routine care of patients.
- Cardiac Conditions, including Stroke, Heart Disease, and Hypertension— the hospital will provide treatment and education of this health need as part of our routine care of patients.
- Poor Birth Outcomes- the hospital will provide treatment and education of this health need as part of our routine care of patients and through our work with the NYS Respectful Care and Safe Reduction of NTSV Cesarean Birth Project.
- Alcohol and Drug Use- the hospital will provide treatment and education of this health need as part of our routine care of patients.
- Childhood Lead Exposure- to avoid duplication of efforts because other organizations are addressing the need.
- Cancer- the hospital will provide treatment and education of this health need as part of our routine care of patients.
- **Tobacco Use** Competing priorities, the hospitals will promote existing cessation programs within the community.
- **Immunization and Related Disease** the hospital will provide treatment and education of this health need as part of our routine care of patients and to avoid duplication of efforts because other organizations are addressing the need.
- Asthma- hospital will provide treatment and education for this health need as part of our routine care of patients.
- **Sexually Transmitted Infections** the hospital will provide treatment and education of this health need as part of our routine care of patients and to avoid duplication of efforts because other organizations are addressing the need.
- **Injuries and Falls** the hospital will provide treatment and education of this health need as part of our routine care of patients.

• Tick Borne Disease- to avoid duplication of efforts because other organizations are addressing the need.

This implementation strategy specifies community health needs that the hospital, in collaboration with community partners, has determined to address. In addition, this implementation strategy is only for a one-year time line and another implementation strategy will be produced following the full community collaroative Community Health Needs Assessment in 2026. The hospital reserves the right to amend this implementation strategy if circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During this year, other organizations in the community may decide to address certain needs, indicating that the hospital should refocus its limited resources to best serve the community.

Diabetes and Obesity



# Goal: Increase access to healthy lifestyle programing in an effort to reduce the prevalence of diabetes and obesity within the community

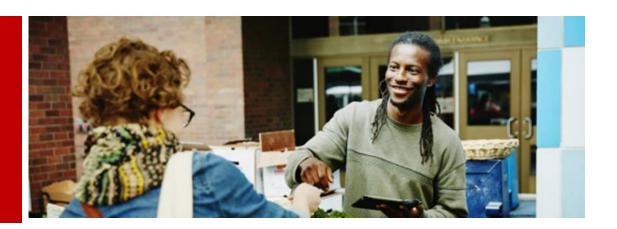
| CHNA Impact Measures By June 30, 2026                                                                                                                                                                      | 2025<br>Baseline | 2026<br>Target |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------------|
| Increase the percentage of adults aged 35+ who had a test for high blood sugar within the past year by 2%, within Albany and Rensselaer County (source: BRFSS; Behavioral Risk Factor Surveillance System) | 78.1%            | 79.6%          |
| Increase the number of adults aged 18+, who are enrolled in the<br>National Diabetes Prevention Program within Albany and Rensselaer<br>County                                                             | 310              | 357            |
| Increase the prevalence of physical activity among adults age 18+ by 2%, within Albany and Rensselaer County (source: BRFSS; Behavioral Risk Factor Surveillance System)                                   | 73.9%            | 75.3%          |

| Stratom                                                                                                                          | Timeline |           | Timeline  |                                                                       | ne                                                                           | Hospital and Committed Partners | Committed Resources (align by hospital/committed partner) |  |
|----------------------------------------------------------------------------------------------------------------------------------|----------|-----------|-----------|-----------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------|-----------------------------------------------------------|--|
| Strategy                                                                                                                         | Y1       | <b>Y2</b> | <b>Y3</b> | (align to indicate committed resource)                                |                                                                              |                                 |                                                           |  |
| Increase prediabetes awareness by promoting diabetes screening, testing and referral to the National Diabetes Prevention Program | X        |           |           | St. Peter's, Samaritan, and Sunnyview Rehabilitation Hospitals (SPHP) | \$260,000 grant funding to screen, enroll and deliver NDPP.                  |                                 |                                                           |  |
|                                                                                                                                  | X        |           |           | Catholic Charities Care Coordination<br>Services                      | Staff time and effort to screen for prediabetes, enroll and deliver NDPP     |                                 |                                                           |  |
|                                                                                                                                  | х        |           |           | Albany County Health Department                                       | Staff time and effort promote screening for prediabetes and referral to NDPP |                                 |                                                           |  |
|                                                                                                                                  |          |           |           | Rensselaer County Health Department                                   | Staff time and effort promote screening for prediabetes and referral to NDPP |                                 |                                                           |  |

|                                                                                                                                                   | Х        |             |               | Community Pharmacy Enhanced<br>Services Network                                                                                                                               | Staff time and effort to screen for prediabetes, enroll and deliver NDPP                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                   |          |             |               | Focus location(s)                                                                                                                                                             | Focus Population(s)                                                                                                             |
|                                                                                                                                                   | 12<br>12 | 202<br>205, | & 12<br>, 122 | any, including high priority zip codes:<br>2210 and priority zip codes: 12203, 12204;<br>206, 12207, 12208, 12209, 12210 and City<br>luding priority zip codes: 12180 & 12182 | Black/African American, Latinx and community members age 65+                                                                    |
| Strategy                                                                                                                                          |          | meli<br>Y2  |               | Hospital and Committed Partners (align to indicate committed resource)                                                                                                        | Committed Resources (align by hospital/committed partner)                                                                       |
| Scale and spread healthy lifestyle programs such as:  1. The National Diabetes                                                                    | х        |             |               | St. Peter's, Samaritan, and Sunnyview<br>Rehabilitation Hospitals (SPHP)                                                                                                      | \$260,000 grant funding to deliver<br>NDPP; staff time and effort to<br>deliver Diabetes Self-Management<br>Programing          |
| Prevention Program (NDPP), an evidence-based                                                                                                      | X        |             |               | Catholic Charities Care Coordination Services                                                                                                                                 | Staff time and effort to screen, enroll and deliver NDPP                                                                        |
| intervention for adults (18+) who are at risk of                                                                                                  | Х        |             |               | Community Pharmacy Enhanced<br>Services Network (CPESN)                                                                                                                       | Community Pharmacy Enhanced<br>Services Network (CPESN)                                                                         |
| developing diabetes, in accordance with CDC                                                                                                       |          |             |               | Focus location(s)                                                                                                                                                             | Focus Population(s)                                                                                                             |
| guidelines.  2. Diabetes Self-Management Programing                                                                                               | 12<br>12 | 202<br>205, | & 12<br>, 122 | any, including high priority zip codes:<br>2210 and priority zip codes: 12203, 12204;<br>206, 12207, 12208, 12209, 12210 and City<br>luding priority zip codes: 12180 & 12182 | Black/African American, Latinx and community members age 65+                                                                    |
| Strategy                                                                                                                                          |          | meli<br>Y2  | _             | Hospital and Committed Partners (align to indicate committed resource)                                                                                                        | Committed Resources (align by hospital/committed partner)                                                                       |
|                                                                                                                                                   | х        |             |               | St. Peter's, Samaritan, and Sunnyview<br>Rehabilitation Hospitals (SPHP)<br>Capital District Transportation Authority<br>(CDTA)                                               | Staff time and effort to implement workplace physical activity initiatives                                                      |
|                                                                                                                                                   | Х        |             |               | Capital District Physicians Health Plan<br>(CDPHP) Cycle Bike Sharing Program                                                                                                 | Operation of the Cycle! Bike share program aimed to increase physical opportunities for community members                       |
| Implement a combination of worksite-based and community-based physical activity policies, programs or best practices in an effort to increase the | х        |             |               | Capital District Transportation Authority (CDTA)                                                                                                                              | Operation of Cycle Program & Nature Bus, which programs aimed to increase physical activity opportunities for community members |
| prevalence of physical activity<br>among Albany and Rensselaer<br>County community members                                                        | Х        |             |               | Albany Medical Center                                                                                                                                                         | Staff time and effort to implement workplace physical activity initiatives                                                      |
|                                                                                                                                                   | х        |             |               | Albany County Department of Health                                                                                                                                            | Staff time and effort to implement workplace and community based physical activity initiatives                                  |
|                                                                                                                                                   |          |             |               | Focus location(s)                                                                                                                                                             | Focus Population(s)                                                                                                             |
|                                                                                                                                                   | 12<br>12 | 202         | & 12<br>, 122 | any, including high priority zip codes:<br>2210 and priority zip codes: 12203, 12204;<br>206, 12207, 12208, 12209, 12210 and City<br>luding priority zip codes: 12180 & 12182 | Individuals experiencing low socioeconomic status (SES)                                                                         |

2

Social
Determinants
of Health;
Specifically,
Food Security



# Goal: Improve access to affordable and healthy food options to community members regardless of socioeconomic status

| CHNA Impact Measures By June 30, 2026:                                                                                                                                             | 2025 Baseline                         | 2026 Target                           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------|
| Increase the rate of social needs screenings in St. Peter's Health Partners Primary Care settings by 3% by June 30, 2026 (source: Trinity Health Social Needs Screening Dashboard) | 87%                                   | 90%                                   |
| Increase enrollment in Food as Medicine Programs within Albany and Rensselaer County                                                                                               | 365                                   | 402                                   |
| Increase the food security rate to 89.4% in Albany county and 89.2% in Rensselaer County (source: BRFSS; Behavioral Risk Factor Surveillance System)                               | Albany: 88.4%<br>Rensselaer:<br>88.2% | Albany: 89.4%<br>Rensselaer:<br>89.2% |

| Strategy                                                                       | Timeline<br>Y1 Y2 Y3 |                       |                       | Hospital and Committed Partners (align to indicate committed resource)      | Committed Res                                    |                  |       |
|--------------------------------------------------------------------------------|----------------------|-----------------------|-----------------------|-----------------------------------------------------------------------------|--------------------------------------------------|------------------|-------|
|                                                                                | Х                    |                       | .5                    | St. Peter's, Samaritan, and Sunnyview<br>Rehabilitation Hospitals (SPHP)    | Salary of 3.0 FTE CHW                            | Salary of 3.0 FT | E CHW |
|                                                                                | Х                    |                       |                       | Albany County Health Department                                             | Time and effort of emp                           | loyed CHWs       |       |
| Utilize Community Health                                                       | nunity Health X      |                       |                       | Renssealer County Health Department                                         | Promotion of CHWs services                       |                  |       |
| Workers (CHWs) to screen and address Social Determinants                       |                      |                       |                       | Catholic Charities Care Coordination<br>Services                            | Time and effort of emp                           | loyed CHWs       |       |
| (Influencers) of Health, including food insecurity and other basic             | X                    |                       |                       | Community Pharmacy Enhanced Services Network (CPESN)                        | Time and effort of emp                           | loyed CHWs       |       |
| social needs, through the collaborative care model                             |                      |                       |                       | Focus location(s)                                                           | Focus Populat                                    | tion(s)          |       |
|                                                                                | 122<br>122           | 02 8<br>04; :<br>City | k 122<br>1220<br>of T |                                                                             | Individuals experiencing socioeconomic status (S | ·                |       |
| Strategy                                                                       | Timeline<br>Y1 Y2 Y3 |                       |                       | Hospital and Committed Partners (align to indicate committed resource)      | Committed Res                                    |                  |       |
| Increase the number of patients and community members screened and referred to | Х                    |                       |                       | St. Peter's, Samaritan, and<br>Sunnyview Rehabilitation Hospitals<br>(SPHP) | Staff time and effort for screening/referral     | r                |       |

| community resources through                                                                                             |                |                   |                    | Ellis Hospital                                                                                                                                                             |                                                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------|----------------|-------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| the Community Resource                                                                                                  |                |                   |                    |                                                                                                                                                                            | Staff time and effort for                                                                                                                                                 |
| Directory (findhelp.org) and the                                                                                        | Х              |                   |                    | Albany Medical Center                                                                                                                                                      | screening/referral                                                                                                                                                        |
| Unite Us Platform (Healthy<br>Alliance)                                                                                 | х              |                   |                    | Findhelp.org                                                                                                                                                               | Provide ongoing training to Community Health Workers and Care Coordination staff to increase utilization and operational support for use of Community Resource Directory. |
|                                                                                                                         |                |                   |                    | Healthy Alliance                                                                                                                                                           | Provide ongoing training to Community Health Workers and Care Coordination staff to increase utilization and operational support for use of the Unite Us platform         |
|                                                                                                                         |                |                   |                    | Focus location(s)                                                                                                                                                          | Focus Population(s)                                                                                                                                                       |
|                                                                                                                         | 12<br>12<br>12 | 202<br>204<br>210 | & 1<br>; 12<br>and | any, including high priority zip codes:<br>2210 and priority zip codes: 12203,<br>205, 12206, 12207, 12208, 12209,<br>I City of Troy including priority zip<br>L80 & 12182 | Individuals experiencing low socioeconomic status (SES)                                                                                                                   |
| Strategy                                                                                                                |                | meli<br>Y2        |                    | Hospital and Committed Partners (align to indicate committed resource)                                                                                                     | Committed Resources (align by hospital/committed partner)                                                                                                                 |
|                                                                                                                         |                |                   |                    | St. Peter's, Samaritan, and                                                                                                                                                | Staff time and effort to serve on FAM                                                                                                                                     |
|                                                                                                                         | Х              |                   |                    | Sunnyview Rehabilitation Hospitals                                                                                                                                         | council and subcommittees                                                                                                                                                 |
|                                                                                                                         | X              |                   |                    | The Regional Food Bank                                                                                                                                                     | Staff time and effort to serve on FAM council and subcommittees                                                                                                           |
| Serve on and collaborate with<br>the NYS Food as Medicine<br>(FAM) Coalition to advocate for                            | X              |                   |                    | Food Pantries of the Capital District                                                                                                                                      | Coordinates the NYS Food As Medicine Project                                                                                                                              |
| policy change and                                                                                                       |                |                   |                    |                                                                                                                                                                            |                                                                                                                                                                           |
| institutionalize funding for FAM                                                                                        |                |                   |                    | Focus location(s)                                                                                                                                                          | Focus Population(s)                                                                                                                                                       |
| programs into NYS Mediciad                                                                                              | 12<br>12<br>12 | 202<br>204<br>210 | & 1<br>; 12<br>and | any, including high priority zip codes:<br>2210 and priority zip codes: 12203,<br>205, 12206, 12207, 12208, 12209,<br>I City of Troy including priority zip<br>L80 & 12182 | Individuals experiencing food insecurity                                                                                                                                  |
| Strategy                                                                                                                |                | meli<br>Y2        |                    | Hospital and Committed Partners (align to indicate committed resource)                                                                                                     | Committed Resources (align by hospital/committed partner)                                                                                                                 |
|                                                                                                                         | х              |                   |                    | St. Peter's, Samaritan, and<br>Sunnyview Rehabilitation Hospitals                                                                                                          | \$200,000 in grant funding to operate<br>the SPHP Food as Medicine Program,<br>yearly                                                                                     |
|                                                                                                                         | X              |                   |                    | Healthy Alliance                                                                                                                                                           | Staff time and effort to screen and refer to Food as Medicine programs                                                                                                    |
| Increase participation in Food as Medicine Programs among                                                               | X              |                   |                    | Albany County Health Department                                                                                                                                            | Staff time and effort to screen and refer to Food as Medicine programs                                                                                                    |
| individuals that are experiencing food insecurity and have been diagnosed with a chronic condition (such as diabetes or | X              |                   |                    | Rensselaer County Health Department                                                                                                                                        | Staff time and effort to screen and refer to Food as Medicine programs                                                                                                    |
|                                                                                                                         | X              |                   |                    | Albany Medical Center                                                                                                                                                      | Staff time and effort to screen and refer to Food as Medicine programs                                                                                                    |
| hypertension).                                                                                                          |                |                   |                    | Focus location(s)                                                                                                                                                          | Focus Population(s)                                                                                                                                                       |
|                                                                                                                         | 12<br>12<br>12 | 202<br>204<br>210 | & 1<br>; 12<br>and | any, including high priority zip codes:<br>2210 and priority zip codes: 12203,<br>205, 12206, 12207, 12208, 12209,<br>I City of Troy including priority zip<br>180 & 12182 | Individuals experiencing food insecurity                                                                                                                                  |

# **Adoption of Implementation Strategy**

On July 25, 2025, the Board of Directors for [St. Peter's Health Partners met to discuss the FY 2026 Implementation Strategy for addressing the community health and social needs identified in the 2025 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.

| 7-14                               | 08/08/2025 |
|------------------------------------|------------|
| [Name of President/CEO and or CFO] | <br>[Date] |

