



# Community Health Needs Assessment (CHNA) Implementation Strategy

Fiscal Years: 2027-2029



Samaritan Hospital

ST PETER'S HEALTH PARTNERS

A Member of Trinity Health

**Samaritan Hospital completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on April 24, 2026.** Samaritan Hospital performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment considered a comprehensive review of secondary data analysis of patient outcomes, community health status, and social influencers of health, as well as primary data collection, including input from representatives of the community, community members and various community organizations.

The complete CHNA report is available electronically at: <https://www.sphp.com/about-us/communitybenefit/community-health-reports>

or printed copies are available at: St. Peter's Health Partners, Community Health and Well-Being, 315 South Manning Blvd. Albany, NY 12208

## Our Mission

We, St. Peter's Health Partners and Trinity Health, serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities. CORE VALUES Reverence – We honor the sacredness and dignity of every person. Commitment to Those Experiencing Poverty – We stand with and serve those who are experiencing poverty, especially those most vulnerable. Justice – We foster right relationships to promote the common good, including sustainability of Earth. Stewardship – We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care. Integrity – We are faithful to who we say we are. Safety – We embrace a culture that prevents harm and nurtures a healing, safe environment for all.

## St. Peter's Health Partners

St. Peter's Health Partners, a member of Trinity Health, is one of the Capital Region's largest, most comprehensive not-for-profit health care networks. Our full range of services, along with support and care coordination, help people achieve their health goals-centered, integrated care is at the heart of St. Peter's Health Partners (SPHP). With nearly 11,000 employees in more than 185 locations, our breadth of services across the continuum of care uniquely positions us to be the region's leader for quality, efficiency, and innovation in delivering compassionate health care and senior services.

## Samaritan Hospital

Samaritan Hospital is a 277-bed community hospital offering inpatient and outpatient including emergency services, critical care and ambulatory surgery, cancer services, behavioral health services, and cardiac catheterization, across three medical campuses in Troy and Albany (Our Main Campus in Troy, our St. Mary's Campus in Troy, and our Albany Memorial Campus in Albany). In 2018, St. Peter's Health Partners completed a major construction project modernizing its facilities, including a new patient pavilion with an expanded emergency department, ICU, PCU and Med/Surg units. First located on Eighth Street in Troy, in the former Troy Orphan's Asylum, the main campus moved to its present location at the corner of Burdett and Peoples Avenues in the early 20th century.

## Our Community Based Services

In addition to our hospitals, St. Peter's Health Partners includes: The Eddy system of continuing care, The Community Hospice and St. Peter's Health Partners Medical Associates, one of the Capital Region's largest multispecialty physician groups with more than 850 physicians and advanced practitioners in more than 130 locations. As a member of Trinity Health, St. Peter's Health Partners' Community Health & Well-being (CHWB) strategy promotes optimal health for those who are poor and vulnerable and the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities. We do this by:

- Investing in our communities.
- Delivering outstanding care for those who are experiencing poverty and other vulnerabilities.
- Impacting social influencers of health.

St. Peter’s Health Partners reinvests in communities through financial support, screenings, education, and research. We provide programs such as PACE, The Butt Stops Here Tobacco Cessation Program, Diabetes Prevention Program, Prescription Assistance, Food Access Programs, the Maternal Obstetrical Mentoring Services (MOMS) program for our prenatal patients, and financial assistance/charity care for those in need.

## Our Community

### Geographic Area Served

For the purposes of the Community Health Needs Assessment, Samaritan Hospital defines its primary service area as Albany and Rensselaer counties which represent the home zip codes of 79% of its patients.



### Demographics of the Population

US Census Bureau Quick Facts	United States	New York	Albany County	Rensselaer County
Population, Census, April 1, 2020	331,449,281	20,201,249	314,848	161,130
Population, Census, April 1, 2010	308,745,538	19,378,102	304,204	159,429
Persons under 5 years old	5.5%	5.3%	4.5%	4.8%
Persons under 18 years old, percent	21.7%	20.2%	17.9%	18.8%

Persons 65 years old and over, percent	17.7%	18.6%	18.7%	19.0%
Female Persons, percent	50.5%	51.2%	51.4%	50.2%
White alone, percent	75.3%	68.5%	74.1%	84.7%
Hispanic or Latino, percent	19.5%	19.8%	7.3%	6.2
Asian alone, percent	6.5	9.7%	7.5%	3.1%
Black or African American alone, percent	13.7	17.7%	14.6%	8.9
Native Hawaiian and Other Pacific Islander alone, percent	0.3%	0.1%	0.1%	0.1%
Two or More Races, percent	3.1%	2.9%	3.4%	2.8%
White alone, not Hispanic or Latino, percent	58.4%	54.0%	69.3%	80.5%
Foreign Born Persons, Percent, 2019-2023	13.9%	22.6%	11.3%	6.0%
Veteran's, 2019-2023	16,569,149	607,728	12,847	8,226
High school graduate or higher, percent of persons age 25+ , 2019-2023	89.4%	87.9%	93.2%	92.7%
Bachelor's degree or higher, percent of persons age 25+, 2019-2023	35.0%	39.6%	45.2%	37.3%
Language other than English spoken at home, percent of persons aged 5 years +, 2019-2023	22%	30.6%	14.2%	7.9%
Owner-occupied housing unit rate, 2019-2023	65.0%	54.3%	56.7%	64.1%
Median households' income (in 2023 dollars), 2019-2023	\$78,538	\$84,578	\$83,149	\$86,663
Persons in poverty, percent**	11.1%	14.2%	12.9%	12.4%
Percent with a disability, under age 65 years, percent	9.1%	8.1%	9.0%	10.5%
Population per square mile, 2020	93.8	428.7	602.1	247.0

**Source:** US Census Bureau QuickFacts, [www.census.gov](http://www.census.gov)

\*\*These geographic levels of poverty and health estimates are not comparable to other geographic levels of these estimates

## Our Approach to Health Equity

At Trinity Health, Community Health Needs Assessments (CHNAs) and Implementation Strategies are foundational to advancing the Common Good and strengthening our commitment to health equity. Across our ministries, CHNAs foster meaningful community engagement and inform strategic planning within our Community Health & Well-Being efforts.

Community Health & Well-Being works to promote optimal health for individuals experiencing poverty, marginalization, or other vulnerabilities by addressing social needs within clinical care. Our approach is rooted in a commitment to removing barriers to health and building community capacity to support long-term well-being.

This Implementation Strategy was developed in partnership with community stakeholders and focuses on populations and geographic areas most affected by the identified needs. Principles of fairness, inclusion, and community voice guided the development of this plan and will continue to shape its implementation.

The strategies outlined emphasize policy, systems, and environmental change, recognizing that sustainable improvements in health require transforming the conditions and structures that influence well-being. Through this approach, we aim to foster healthier, more resilient communities for all those we serve.

## Health and Social Needs of the Community

The CHNA conducted in late 2025, to early 2026 identified the significant needs for health and social drivers of health within Albany and Rensselaer counties. Community stakeholders then prioritized those needs during a facilitated review and analysis of the CHNA findings. The significant health needs identified, in order of priority include:

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### 1. Obesity and Diabetes Including Nutrition Security/Food Insecurity

- Within Albany County, 30.1% of adults aged 18+ and 20.2% of children and adolescents were obese, having a Body Mass Index (BMI) of 30 or higher and within Rensselaer County, 35% of adults and 23.8% of children and adolescents were obese.
- The percentage of adults who participated in physical activity was 73.9% for both Albany and Rensselaer County.
- The estimated prevalence of diabetes among adults in the Capital Region is below that of NYS. Within Albany and Rensselaer counties, 9.4% of adults, age 18+, have a diagnosis of diabetes.
- As of 2019, 3126 or 89.62% Medicare enrollees with diabetes have had an annual exam within Albany and Rensselaer counties.
- The food insecurity rate for Albany County was 11.6% and 11.8% for Rensselaer County. Both rates were lower than the NYS average rate of 12.6%.
- Within Albany and Rensselaer counties, there are 118 grocery establishments – a rate of 24.79/100,000 population; this is significantly lower than the NYS average of 41.76/100,000 population.
- 11.2% of Albany and Rensselaer County residents receive Supplemental Food and Nutrition (SNAP) benefits, which is less than the NYS and national average.

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### 2. Mental Health and Suicide

- The percentage of adults, age 18+ who report 14 or more poor mental health days during the past 30-day period was 16.0 % in Albany County and 16.4% in Rensselaer County.
- According to the 2022 BRFSS, Albany and Rensselaer County adults, age 18+, reported a higher than state average incidence of depression as diagnosed by a health professional at 20.6% in Albany County and 20.3% in Rensselaer County.
- Albany County had the second highest rates in the Capital Region for intentional self-harm ED visits and intentional self-harm hospitalizations in 2023.

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- Rensselaer County had the highest rate of mental health hospitalizations in the Capital Region, in 2023, where a mental health condition was the primary diagnosis.
  - Rensselaer County had the highest rates in the Capital Region of intentional self-harm ED visits and hospitalizations in 2023.
  - Rensselaer County had the highest self-harm ED visit rate for Black non-Hispanic residents in 2023.

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### **3. Substance Use Disorders**

- Adults in Albany and Rensselaer County reported engaging in excessive drinking, defined as binge or heaving drinking, at 20.7% in Albany County and 20.5% in Rensselaer County compared to the NYS average of 19.1% (BRFSS, 2022). The percentage of driving deaths with alcohol involvement was 24% in Albany County and 25% in Rensselaer County, both higher than the NYS rate of 21%.
- The 2021 adjusted rate per 100,000 population of overdose deaths involving any opioid was 29.2/100,000 in Albany County which was higher than the NYS rate of 24.6 per 100,000 and 24.5/ 100,000 in Rensselaer County.

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### **4. Tobacco Use and Vaping**

- Within Albany and Rensselaer County, there are 11.8% adults age 18+ who currently use tobacco products, which is slightly lower than the NYS rate.

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### **5. Heart Disease and Stroke**

- Within Albany and Rensselaer County, there were a total of 2,954 deaths due to coronary heart disease, from 2018-2022. This represents a crude death rate of 126.1/ 100,000 population.
- The rate of heart disease in the Medicare population in 2022 was 26% in Albany and Rensselaer counties, which was higher than the NYS rate.
- Within the Albany and Rensselaer County, 30.8% of adults age 18+ reported having high blood pressure, which is slightly lower than the rate for NYS.

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## 6. Infant and Maternal Mortality

- Within Albany and Rensselaer County the percentage of women who did not obtain prenatal care until the 7<sup>th</sup> month or later of pregnancy or who didn't have any prenatal care was 4.62% overall, which is lower than the national average rate of 6.12%. This measure can also highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services.
- In both Albany and Rensselaer County, Black non-Hispanic individuals have a lower rate of early prenatal care (68.8%, Rensselaer County, 67.3% Albany County) compares to White Non- Hispanic individuals (81.8% Rensselaer County, 82% Albany County).
- The overall rate of premature births at Less than 37 weeks gestation was 10.0% in Albany County and 10.4% in Rensselaer County, which were slightly higher than the NYS rate.
- Within Albany and Rensselaer counties, 176 infants died during the 2015-21 seven-year period. This represents 5.5 deaths per 1,000 live births, which was higher than the NYS and US average. The Black non-Hispanic population had a nearly three times higher rate of infant mortality compared to the White non-Hispanic population.

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## 7. Cancer

- Within Albany and Rensselaer County, there were 3,044 new cases of cancer reported from 2016-2020. This means there was a rate of 517.7 for every 100,000 total population, which is higher than both the NYS and US rates.
- The Black/African American population had a higher rate of cancer incidence when compared to White/Caucasian population.

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## 8. Asthma

- Within Albany and Rensselaer counties, there were 10.5% of adults, age 18+, who reported having asthma, which was slightly higher than NYS rates.
- Within Albany and Rensselaer County, asthma hospitalization rates were 2.4 times higher among Black, non-Hispanic residents than White, non-Hispanic residents.

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## 9. Sexually Transmitted Infections

- As of 2022, rates of Early Syphilis and Chlamydia in Albany and Rensselaer counties were lower than the NYS rates (Albany County, 34 / 100,000 population, Rensselaer County 18.0/100,000, NYS 49.5/ 100,000) .
- As of 2022, rates of Gonorrhea in Albany County (275.1 per 100,000 population) were higher than the NYS rate of

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230/100,000; while Rensselaer County rates (205.1/ 100,000 population) were lower than the NYS rate.

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## **10. Childhood Lead Poisoning**

- Albany County's 2015-2018 incidence rate of elevated blood lead levels ( $\geq 10 \mu\text{g/dl}$ ) – 11.7 per 1,000 tested children under 6 years of age – was the region's highest and 1.8 times higher than NYS, excl. NYC (6.5).
- Rensselaer County's 2016-2018 incidence rate of elevated Community Health Needs Assessment Implementation Strategy 7 blood lead levels ( $\geq 10 \mu\text{g/dl}$ ), 10.8 per 1,000 tested children under 6 years of age, was the region's 2nd highest and 1.7 times higher than NYS, excl. NYC (6.5).

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*Source: 2025 Capital Region Community Health Needs Assessment*

# Hospital Implementation Strategy

## Significant health and social needs to be addressed

Samaritan Hospital, in collaboration with community partners, will focus on developing and/or supporting initiatives and measure their effectiveness to improve the following needs:

- 1** Obesity and Diabetes Including Nutrition Security/Food Insecurity – CHNA pages: 73-74;94-99; 108-112; 403-404; 440; 467-468; 472-473
- 2** Mental Health, Suicide and Substance Use Disorders – CHNA pages: 172-191; 471-472; 486-490; 498-502

## Significant health and social needs that will not be addressed

Samaritan Hospital acknowledges the wide range of priority health and social issues that emerged from the CHNA process and determined that it could effectively focus on only those needs which are the most pressing, under-addressed and within its ability to influence. Samaritan Hospital does not intend to address the following needs:

- **Heart Disease and Stroke** – the hospital will provide treatment and education of this health need as part of our routine care of patients.
- **Infant and Maternal Mortality** – the hospital will provide treatment and education of this health need as part of our routine care of patients and through our work with the NYS Respectful Care and Safe Reduction of NTSV Cesarean Birth Project and NICU Equity Project
- **Childhood Lead Poisoning** – our hospital will provide treatment and education of this health need, as part of routine care of our pediatric patients in the acute and ambulatory setting. Local health departments will take the lead on this health need.
- **Cancer** – our hospital will provide robust screening, treatment and education of this health need as part of our routine care of patients. SPHP offers comprehensive cancer screening, treatment and support services. In addition, our Cancer Services Program of the Greater Capital Region offers no-cost breast, cervical, and colorectal cancer screenings for uninsured individuals between the ages of 40 – 64. These screening services are supported with funds from the State of New York and are provided by credentialed health care providers.
- **Tobacco Use and Vaping** – our hospitals screen all patients for tobacco use and will promote existing cessation programs within the community. St. Peter’s Health Partners offers the Butt Stops Here; a seven-week tobacco cessation program.
- **Asthma** – the hospital will provide treatment and education for this health need as part of our routine care of patients.
- **Sexually Transmitted Infections** – the hospital will provide treatment and education of this health need as part of our routine care of patients and to avoid duplication of efforts because other organizations are addressing the need.

This implementation strategy specifies community health needs that the hospital, in collaboration with community partners, has determined to address. The hospital reserves the right to amend this implementation strategy if circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the strategic initiatives described. During this period, other organizations in the community may decide to address certain needs, indicating that the hospital should refocus its limited resources to best serve the community.

# 1

## Obesity & Diabetes including Nutrition Security/Food Insecurity



**Goal: Reduce disparities in access and quality of evidence-based preventive and diagnostic services for chronic diseases.  
Improve consistent and equitable access to healthy, affordable, safe, and culturally appropriate foods.**

CHNA Impact Measures By December 31, 2028:	FY2027 Baseline	FY2029 Target
Increase the percentage of adults aged 35+ who had a test for high blood sugar in the past year within Albany and Rensselaer County <i>(Data source: NYS Behavioral Risk Factor Surveillance System)</i>	78.1%	82.4%
Increase the percentage of younger adults ages 35-44 who had a test for high blood sugar in the past year within Albany and Rensselaer County <i>(Data source: NYS Behavioral Risk Factor Surveillance System)</i>	62.4%	65.5%
Increase the number of participants in Diabetes Prevention Programs within Albany and Rensselaer County <i>(Source: St. Peter's Health Partners Diabetes Prevention Program)</i>	310	800
Increase the percentage of adults with health insurance, aged 18-64 years within Albany and Rensselaer County <i>(Data Source: U.S. Census Bureau)</i>	94.8%	95%
Increase consistent household food security in households by 2% in Albany County <i>(Data source: NYS Behavioral Risk Factor Surveillance System)</i>	78.7%	80.7%
Increase consistent household food security in households by 2% in Rensselaer County <i>(Data source: NYS Behavioral Risk Factor Surveillance System)</i>	82.7%	84.7%
Increase consistent household food security in households with an annual total income of less than \$25,000, by 2%, within Albany and Rensselaer counties	73.9%	75.3%

(Data source: NYS Behavioral Risk Factor Surveillance System)

Increase the number of individuals enrolled in Food as Medicine Programs within Albany and Rensselaer County

555

832

(Data source: St. Peter's Health Partners, Food as Medicine Program)

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Expand screening for social care needs among all adults and those with chronic diseases (prediabetes, diabetes) and provide referrals to appropriate community resources and support.	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	In-kind staff time and effort to complete screenings and enroll in appropriate programs
	X	X	X	Albany County Department of Health	In-kind staff time and effort to complete screenings and enroll in appropriate programs
	X	X	X	Rensselaer County Department of Health	In-kind staff time and effort to complete screenings and enroll in appropriate programs
	X	X	X	Healthy Alliance	In-kind staff time and effort to complete screenings and enroll in appropriate programs
				Focus location(s)	Focus Population(s)
				City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182	Individuals experiencing low socio-economic status (SES) with limited access to services, health literacy barriers, and awareness of services.
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Integrate community health workers into health care teams to improve chronic disease management for patients experiencing health inequities	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Time and Effort of employed Community Health Workers (6) to screen, educate and provide resources to patients/community members experiencing social needs and health inequities.
	X	X	X	Albany County Department of Health	Promotion of and referral to CHW services within Albany County
	X	X	X	Rensselaer County Department of Health	Promotion of and referral to CHW services within Rensselaer County
	X	X	X	Catholic Charities Care Coordination Services	Time and Effort of employed Community Health Workers to screen, educate and provide resources to patients/community members experiencing social needs and health inequities.
				Focus location(s)	Focus Population(s)
				City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182	Individuals experiencing low socio-economic status (SES) with limited access to services, health literacy barriers
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Improve utilization of community health workers	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Offering internship opportunities for CHW students

by establishing certification and/or training opportunities to build upon lived experiences while simultaneously assessing ways for peer delivered services to be reimbursed to providers/programs	X	X	X	CEK RN Consulting	In-kind staff /expertise to offer CHW training program
	X	X	X	Caring Gene, Healthcare Career Pathways	In-kind staff /expertise to offer CHW training program
	X	X	X	Hudson Valley Community College	In-kind staff /expertise to offer CHW training program
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Individuals experiencing low socio-economic status (SES) with limited access to services, health literacy barriers, and awareness of services.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Implement or increase health insurance enrollment outreach and support programs	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	In-kind staff /expertise to offer and complete health insurance enrollments
	X	X	X	Healthy Capital District	In-kind staff /expertise to offer and complete health insurance enrollments
	X	X	X	Healthy Alliance	In-kind staff /expertise to promote and refer to health insurance enrollment assistance programs
	X	X	X	Albany County Department of Health	In-kind staff /expertise to promote and refer to health insurance enrollment assistance programs
	X	X	X	Rensselaer County Department of Health	In-kind staff /expertise to promote and refer to health insurance enrollment assistance programs
	X	X	X	Albany Medical Center	In-kind staff /expertise to promote and refer to health insurance enrollment assistance programs
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Uninsured or underinsured Individuals experiencing low socio-economic status (SES) with limited access to services, health literacy barriers, awareness of services.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Scale and spread healthy lifestyle programs such as: (1) The National Diabetes Prevention Program (NDPP), an evidence-based interventions for adults (18+) who are at risk of developing diabetes, in accordance with CDC guidelines	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	\$260,000/year grant funding to deliver NDPP; deliver of MDPP staff time and effort to deliver Diabetes Self-Management Programing
	X	X	X	Catholic Charities Care Coordination Services	Staff time and effort to screen, enroll and deliver NDPP
	X	X	X	Crestwood Pharmacy	Staff time and effort to screen, enroll and deliver NDPP

and (2) Diabetes Self-Management Programing

X	X	X	Albany County Health Department	Staff time to screen community members for prediabetes and refer, as appropriate to the National Diabetes Prevention Program
X	X	X	Rensselaer County Health Department	Staff time to screen community members for prediabetes and refer, as appropriate to the National Diabetes Prevention Program
			Focus location(s)	Focus Population(s)
			City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182	Black/African American, Latinx and community members age 65+

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Conduct standardized screening of unmet Nutrition Security needs and provide referrals to state, local, and federal benefit programs and community-based, health-related social needs providers to address unmet needs.	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Staff time and effort to conduct screening and referrals to food insecurity programs
	X	X	X	Albany County Department of Health	Staff time and effort to promote screening and referrals to food insecurity programs
	X	X	X	Rensselaer County Health Department	Staff time and effort to promote screening and referrals to food insecurity programs
	X	X	X	Healthy Alliance	Staff time and effort to promote screening and referrals to food insecurity programs, provide data on regional screening rates and referrals
	X	X	X	Regional Food Bank	Staff time and effort to promote and provide nutrition security support services
	X	X	X	The Food Pantries of the Capital District	Staff time and effort to promote and provide nutrition security support services
	X	X	X	Catholic Charities of the Greater Capital District	Staff time and effort to promote and provide nutrition security support services
			Focus location(s)	Focus Population(s)	
			City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182	Low-income households experiencing food insecurity	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Expand Food as Medicine approaches across the lifespan, especially for populations at a higher risk of nutrition-related health disparities (e.g., medically	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	\$200,00/year grant funding to implement Food as Medicine Program
	X	X	X	Regional Food Bank	Staff time and effort to promote, provide, and monitor Food As Medicine programs

tailored meals and groceries, produce prescription programs, etc.).	X	X	X	Maria College	Staff time and effort to recruit and monitor Food As Medicine participants
	X	X	X	Albany Medical Center	Staff time and effort to promote and refer to Food as Medicine programs
	X	X	X	Rensselaer County Department of Health	Staff time and effort to promote and refer to Food As Medicine programs
	X	X	X	Albany County Department of Health	Staff time and effort to promote Food As Medicine programs
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Individuals experiencing food insecurity and chronic metabolic diseases	
<b>Strategy</b>	<b>Timeline</b>			<b>Hospital and Committed Partners</b> (align to indicate committed resource)	<b>Committed Resources</b> (align by hospital/committed partner)
	<b>Y1</b>	<b>Y2</b>	<b>Y3</b>		
Promote and expand the availability of fruit and vegetable incentive programs.	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Staff time and effort to promote and refer to local farmers markets and the Double Up Food Bucks program
	X	X	X	Albany County Department of Health	Staff time and effort to promote and refer to local farmers markets and the Double Up Food Bucks program
	X	X	X	Rensselaer County Department of Health	Staff time and effort to promote and refer to local farmers markets and the Double Up Food Bucks program
	X	X	X	Capital Roots	In kind staff time/ expertise to provide Veggie Mobile program resources and outreach
	X	X	X	Regional Food Bank	In kind staff time/ expertise to provide program resources and outreach
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Individuals experiencing food insecurity with limited access to fresh fruits and vegetables	
<b>Strategy</b>	<b>Timeline</b>			<b>Hospital and Committed Partners</b> (align to indicate committed resource)	<b>Committed Resources</b> (align by hospital/committed partner)
	<b>Y1</b>	<b>Y2</b>	<b>Y3</b>		
Promote student participation in the National School Lunch Program and School Breakfast Program through innovative strategies, such as Healthy School Meals for All	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	In-kind staff time for planning/meetings and administration and implementation of Creating Healthy Schools and Communities grant
	X	X	X	Albany County Department of Health	In-kind staff time for planning/meetings to support the Healthy Meals for All program
	X	X	X	Rensselaer County School Districts	In-kind staff time for planning/meetings and implementation of program

	X	X	X	Albany County School Districts	In kind staff time for planning/meetings and implementation of program
	<b>Focus location(s)</b>			<b>Focus Population(s)</b>	
	City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182			Low socio-economic status (SES) residents of high priority zip codes. BIPOC school age children in focus locations	
<b>Strategy</b>	<b>Timeline</b>			<b>Hospital and Committed Partners</b> (align to indicate committed resource)	<b>Committed Resources</b> (align by hospital/committed partner)
	<b>Y1</b>	<b>Y2</b>	<b>Y3</b>		
Provide health education focused on healthy eating and physical activity in local schools for students from Pre-K to 12th grade, including the National School Lunch Program and School Breakfast Program Healthy School Meals for All	X	X	X	St, Peter's and Samaritan Hospitals (SPHP)	In-kind staff time for planning/meetings Administration and implementation of Creating Healthy Schools and Communities grant
	X	X	X	Rensselaer County School Districts	In-kind staff time for planning/meetings and implementation of program
	X	X	X	Albany County School Districts	In kind staff time for planning/meetings and implementation of program
	<b>Focus location(s)</b>			<b>Focus Population(s)</b>	
	City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182			Low socio-economic status (SES) residents of high priority zip codes. BIPOC school age children in focus locations.	

# 2

## Mental Health, Suicide and Substance Use Disorders



**Goal: Prevent suicide and reduce substance use, misuse, overdose and/or associated harms.**

CHNA Impact Measures By December 31, 2028	FY2027 Baseline	FY2029 Target
Reduce age-adjusted suicide mortality rate per 100,00 population in Albany County <i>(Source: NYS Vital Records)</i>	7.9/100,000	6.7/100,000
Reduce suicide mortality rate per 100,000 population in Rensselaer County <i>(Source: NYS Vital Records)</i>	10.2/100,000	6.7/100,000
Reduce the crude rate of overdose deaths for Black, non-Hispanic residents, per 100,000 population in Albany County <i>(Source: NYS Vital Records)</i>	72.3/100,000	35.5/100,000
Reduce the crude rate of overdose deaths for Black, non-Hispanic residents per 100,000 population in Rensselaer County <i>(Source: NYS Vital Records)</i>	106.6/100,000	35.5/100,000
Increase the number of Naloxone kits distributed in New York State, outside of NYC <i>(Source: New York State Community Opioid Overdose Prevention Program Dataset)</i>	397,620	596,430

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Implement suicide safer care services and protocols (Zero Suicide) in health care settings to effectively identify,	X	X	X	St. Peter’s and Samaritan Hospitals (SPHP)	Staff time and effort to implement protocols and complete screenings in Acute and Ambulatory Settings. Routinely screen for depression and suicide through PHQ-2 and PHQ-9 in inpatient, emergency department and outpatient setting,

engage, treat, and follow up with individuals at elevated suicide risk.					and refer patients who screen positive to behavioral health services, through the use of the electronic health record (EHR)
	X	X	X	Albany County Department of Mental Health	Provide behavioral health services (including promotion of community wide suicide awareness, safer suicide services, education and prevention)
	X	X	X	Rensselaer County Department of Mental Health	Provide behavioral health services (including promotion of community wide suicide awareness, safer suicide services, education and prevention)
	X	X	X	Albany Medical Center	Routinely screen for depression and suicide through PHQ-2 and PHQ-9 in inpatient, emergency department and outpatient setting, and refer patients who screen positive to behavioral health services, through the use of an electronic health record (EHR)
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Low income, those living in medically underserved areas and people with co-occurring behavioral health or substance use conditions.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Promote and conduct comprehensive suicide prevention training	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Staff time and effort to promote, facilitate and implement Mental Health First Aid programs to staff and community members
	X	X	X	Albany Medical Center	Staff time and effort to promote, facilitate and implement Mental Health First Aid programs to staff and community members
	X	X	X	Albany County Department of Health	Promote the availability of mental health first aid training to community members
	X	X	X	Rensselaer County Department of Health	Promote the availability of mental health first aid training to community members
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				Low income, those living in medically underserved areas and people with co-occurring behavioral health or substance use conditions.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Promote calling or texting 988 through social media, digital marketing campaigns, and other utilized marketing strategies.	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Staff time and effort for planning/meetings and facilitating programs, serve on both the Albany and Rensselaer County Mental Health/Suicide Taskforce
	X	X	X	Rensselaer County Mental Health	Promote services through the Rensselaer County Suicide Task Force

Participate in Rensselaer County Suicide Task Force.	X	X	X	Albany County Department of Health	Promote Services through the Albany County Mental Health Taskforce
	X	X	X	Community Based Organizations within Albany and Rensselaer County	Community-Based organizations that participate in community partnerships and work groups will identify culturally relevant information on suicide prevention and promote available mental health first aid training opportunities in the community.
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
	City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182			Low income, those living in medically underserved areas and people with co-occurring behavioral health or substance use conditions.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Provide or expand access to Food and Drug Administration (FDA)-approved medications for opioid use disorder (OUD), such as buprenorphine and methadone, to reduce overdose fatalities, while encouraging institutions and community partners to initiate treatment and ensure continuity of care.	X	X	X	St. Peter's and Samaritan Hospitals (SPHP)	Staff time, effort and expertise to implement protocols. Operate outpatient suboxone (buprenorphine) clinics and track number of yearly visits
	X	X	X	Camino Nuevo	Operate outpatient suboxone (buprenorphine) and methadone clinics and track number of yearly visits. Focus Population; Latinx
	X	X	X	Whitney Young Health Center	Operate outpatient suboxone (buprenorphine) and methadone clinics and track number of yearly visits
	X	X	X	Hospitality House	Operate outpatient suboxone (buprenorphine) and methadone clinics and track number of yearly visits
	X	X	X	Hope House	Operate outpatient suboxone (buprenorphine) and methadone clinics and track number of yearly visits (focus: senior population, age 55)
	X	X	X	Albany Medical Center	Staff time, effort and expertise to implement protocols. Operate outpatient suboxone (buprenorphine) clinics and track number of yearly visits
	X	X	X	Albany County Department of Health	Promote medication assisted treatment programs for opioid use disorder
	X	X	X	Rensselaer County Department of Health	Promote medication assisted treatment programs for opioid use disorder
	<b>Focus location(s)</b>				<b>Focus Population(s)</b>
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				High risk substance abuse, misuse population.	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Provide or expand access to naloxone to reduce overdose fatalities	X	X	X	St. Peter's and Samaritan, Hospitals (SPHP)	Member of the Rensselaer County Heroin Coalition. Promotes Naloxone training and proper usage, dispenses naloxone to patients in need.

X	X	X	Rensselaer County Department of Health	Operates an Opioid Overdose Prevention Program through NYS Department of Health and provides community naloxone trainings and narcan blitz events based on non-fatal and fatal data to address hotspots within Rensselaer County
X	X	X	Catholic Charities Care Coordination Services	Provides naloxone training in Albany County, to health care providers and community members

Focus location(s)			Focus Population(s)	
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182			High-risk substance abuse and misuse population.	

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Expand community-level prevention and substance misuse prevention coalitions	X	X	X	St. Peter's and Samaritan, Hospitals (SPHP)	Staff time, effort and expertise to implement protocol and participate in prevention coalitions
	X	X	X	Rensselaer County Department of Health	Facilitate prevention coalitions In-kind staff time/expertise for meetings/planning
	X	X	X	Catholic Charities Care Coordination Services	In-kind staff time/expertise meetings/planning
Focus location(s)				Focus Population(s)	
City of Albany, including high priority zip codes: 12202 & 12210 and priority zip codes: 12203, 12204; 12205, 12206, 12207, 12208, 12209, 12210 and City of Troy including priority zip codes: 12180 & 12182				High-risk substance abuse and misuse population	

## Adoption of Implementation Strategy

On April 24, 2026, the Board of Directors for St. Peter's Health Partners met to discuss the Fiscal Year's 2027-2029 Implementation Strategy for addressing the community health and social needs identified in the FY 2026 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.



5/5/2026

Steven Hanks, MD, MMM, FACP, FFSMB; President and CEO

[Date]

