Mental illnesses are medical conditions that disrupt a person’s thinking, feeling, mood, ability to relate to others and daily functioning, often resulting in a diminished capacity for coping with the ordinary demands of life. The good news is that recovery is possible.

SAMARITAN HOSPITAL PERSONALIZED RECOVERY ORIENTED SERVICES (PROS)
1801 Sixth Avenue
Troy, NY 12180
northeasthealth.com
sphp.com
What is PROS?
The Samaritan Hospital Personalized Recovery Oriented Services (PROS) program provides you with a path to independence by developing strengths and skills that will help you achieve your life goals.

PROS services are available for adults 18 years of age or older with a diagnosed psychiatric illness or co-occurring psychiatric illness and addictive disorder, who are experiencing difficulty achieving goals due to barriers created by psychiatric illness.

How can PROS help?
Our skilled and caring staff of PROS professionals will help you establish an individualized recovery plan that focuses on your specific life goals, such as:

- Living in safe and secure housing
- Returning to work/school
- Volunteering
- Building a support network
- Decreasing hospitalizations and emergency room visits

What to expect
During your first visit, a member of our staff will talk with you to learn what your life goals are, and help you establish your individualized plan. As part of your plan, you’ll have the opportunity to attend classes of your choice that provide you with strategies and strengthen the skills you can use to reach your goals. Each week, we offer more than 100 classes, including Cooking & Nutrition, Budgeting 101, How to Get a Job, Building Supports, and many more.

Convenient location
The Samaritan Hospital PROS program is located at 1801 Sixth Avenue in Troy. Our downtown location is easily accessible and is conveniently located on a bus route.

To learn more or to schedule an appointment, please call (518) 271-1122.